

Adult & Community Education Course Information

Venue	Day	Start Date	End Date	Start Time	End Time
Kettlethorpe	Tues	03/01/2012	13/04/2012	6.45pm	7.45pm
Level of Study	All Levels – Suitable for all learners from beginners to advanced				
No. of weeks	10				
Hours per week	1				
Course Fee	£28 per 10 weeks. (You may be entitled to either a free course or support with your fees and other costs. Please ask at your centre).				
Additional costs	None				
Qualification aim	Non-accredited				
Who is it for?	Adults wishing to learn or improve their dance skills. Which ever dance class you choose, you will learn different sequences of movements/steps whilst improving your ability to move rhythmically to music.				
Course aims	The aim of the course is to learn your chosen style of dance routines through enjoyment and fun.				
Course content	<p>A tutor-led programme of different styles of dance which works within your own physical limits and capabilities.</p> <p>Salsa</p> <ul style="list-style-type: none"> An energetic style of dancing using Cuban and other Latin American Rhythms. The class will start with slower music and move on to more energetic moves and music <p>Ballroom and Latin American dancing</p> <ul style="list-style-type: none"> Includes traditional waltz and quickstep as well as rumba, cha cha and jive. Modern and old time rhythms included. <p>Dancercise</p> <ul style="list-style-type: none"> An energetic style of dance routines including Latin style dancing 				
Other information related to the course	The tutor will use varied teaching methods and will introduce each technique through demonstrations, individual and group tuition. Regular feedback is given to all learners and progress is recorded				

	using an Individual Learning Plan. The first class will include induction to the programme; finding out your existing level of knowledge or skill in this area; and planning your learning.
What do I need to bring?	During the first class your tutor will be able to advise you on suitable footwear for the dance class you will be attending.
Where next?	Your tutor will discuss appropriate progression opportunities available to you.
How to enrol	Fill in an enrolment form and return to the relevant centre with your payment or proof of benefit. Alternatively go to the centre to enrol in person.
Website:	www.khsclc.co.uk
	29 June 2011